

# St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island  
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,  
following Christ and changing lives in the heart of Hong Kong.'*

## THE FIRST SUNDAY OF LENT 22ND FEBRUARY 2026

### **8.00am Said Eucharist**

Celebrant and Preacher: The Revd Robert Martin CMP  
Reader: Jeannie Chan

### **9.00am Sung Eucharist** (<https://youtube.com/live/uoS-MlsSrAc>) (*Eucharistic Prayer C*) *Lent Prose (verse 1)*

Celebrant: The Revd Canon Dwight dela Torre  
Preacher and Deacon: The Revd Robert Martin CMP  
Communion Setting: The Book of Common Prayer Noted  
(John Merbecke)  
Hymns: 88, 83, 103, 100  
Anthem: Wash me thoroughly (Samuel Sebastian Wesley)  
Readers: Letty Awingan, Julianne Doe  
Intercessor: Frank Lang

### **10.30am Sung Eucharist (Mandarin)**

Celebrant and Preacher: The Revd Francis Yu

### **11.45am Responsorial Eucharist—Provincial (Rite II)**

Celebrant: The Revd Sharon Langbis  
Preacher: The Revd Robert Martin CMP  
Reader: Karmen Kar  
Intercessor: Kevin She

### **1.30pm Sung Eucharist (Pilipino)**

Celebrant and Preacher: The Revd Sharon Langbis

### **5.00pm Evening Prayer in Taizé style**

Officiant and Preacher: The Revd Polly Wong  
Reader: Saki Tsoi

## THIS WEEK AT ST JOHN'S CATHEDRAL

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<b>MON 23rd February</b> <i>Polycarp, Bishop of Smyrna, Martyr, c.155</i>	8.00am	Said Eucharist	
	12.25pm	Meditation Group	
	1.00pm	One o'clock Prayer	
<b>TUE 24th</b>	8.00am	Said Eucharist	
	1.00pm	One o'clock Prayer	
	1.00pm	Christians in Central (See page 7)	
	1.15pm	Said Eucharist	
	7.00pm	Bible Reading Fellowship (in person)	
<b>WED 25th</b>	8.00am	Said Eucharist	
	1.00pm	One o'clock Prayer	
	1.15pm	Lunchtime Recital—Piano Recital by Jade Chan <i>陳靖鋼琴獨奏會</i>	
	6.00pm	Said Eucharist	
<b>THU 26th</b>	8.30am	Said Eucharist	
	12.30pm	'Grace in a busy week' Special Lent Course (See page 6)	
	1.00pm	One o'clock Prayer	
	1.15pm	Said Eucharist	
	2.30pm	Parents and Toddlers	
<b>FRI 27th</b> <i>George Herbert, Priest, Poet, 1633</i>	8.00am	Said Eucharist	
		<b>STATIONS OF THE CROSS</b>	
		<b>12.15pm on Fridays in Lent</b>	
	3.00pm	Friday Fellowship Group	
	8.00pm	'Among Us' (Youth Ministry)	
<b>SAT 28th</b>	8.30am	Said Eucharist	
	12.00noon	Said Eucharist (Pilipino)	
	4.00pm	Andrew Fellowship	
	6.00pm	Sung Eucharist (Cantonese) (Anticipated Sunday Service)	
<b>SUN 1st March</b> <i>Genesis 12.1-4a</i> <i>Psalms 121</i> <i>Romans 4.1-5, 13-17</i> <i>John 3.1-17</i>	<b>The Second Sunday of Lent</b>		
	8.00am	Said Eucharist	
		Celebrant and Preacher: The Revd Sharon Langbis	
	9.00am	Sung Eucharist	
		Celebrant: The Revd Robert Martin CMP	
		Preacher: The Revd Professor John Kater	
	10.30am	Sung Eucharist (Mandarin)	
		Celebrant and Preacher: The Dean	
11.45am	Responsorial Eucharist—Provincial (Rite II)		
	Celebrant: The Revd Francis Yu		
	Preacher: The Revd Sharon Langbis		
1.30pm	Sung Eucharist (Pilipino)		
	Celebrant and Preacher: The Revd Canon Dwight dela Torre		
5.00pm	Choral Evensong		
	Officiant and Preacher: The Dean		

ONLINE DONATION



<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>

Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorised photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.**

**COLLECT**

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**FIRST READING**

**Genesis 2.15-17, 3.1-7**

A reading from the book of Genesis.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, ‘You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.’

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, ‘Did God say, “You shall not eat from any tree in the garden?”’ The woman said to the serpent, ‘We may eat of the fruit of the trees in the garden; but God said, “You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.”’ But the serpent said to the woman, ‘You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.’ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

This is the word of the Lord.

**All Thanks be to God.**

**SECOND READING**

**Romans 5.12-19**

A reading from the letter of Paul to the Romans.

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man’s sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man’s trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man’s trespass led to condemnation for all, so one man’s act of righteousness leads to justification and life for all. For just as by the one man’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.

This is the word of the Lord.

**All Thanks be to God.**

**GOSPEL READING**

**Matthew 4.1-11**

Hear the Gospel of our Lord  
Jesus Christ according to Matthew.

**All Glory to you, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written,

"One does not live by bread alone, but by every word that comes from the mouth of God."

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

**POST COMMUNION PRAYER**

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

**FOR YOUR PRAYERS THIS WEEK**

**In the worldwide Anglican Communion** we pray for The Church of Ireland.

**Hong Kong Sheng Kung Hui** (Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and Primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

**We also pray for St Matthias' Church**, the Revd Vincent Chan and his family; For the fellowship and caring ministry, the nurturing ministry of the parish; For the school ministry in St Matthias' Church Nursery School, St Matthias' Church Chiu Chun Kindergarten, S.K.H. Ling Oi Primary School and SKH Bishop Baker Secondary School.

**Within the Cathedral Parish** we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel Church, Pokfulam; and their Priests in Charge. We also remember in our prayers 'Grace in a busy week', Bible Reading Fellowship, Chinese Bible Reading Prayer Fellowship, Andrew Fellowship, Friday Fellowship Group, Filipino Fellowship, and the IFI Fellowship.

**We pray for our link diocese of Toungoo in Myanmar.** St John's Cathedral donated HK\$125,000 last year to help provide food, medicine, and children's education for families who have lost their homes due to the conflict, floods and earthquake. Over 9000 church members are being supported by the diocese, and 46 churches and over 500 houses were damaged or destroyed by earthquake and floods. The Bishop writes 'Thank you, friends from St John's Cathedral. We are blessed to receive your love in action.'

**PRAYER REQUESTS**

*Please pray for those who are sick:*

Lilou Bricod, Thrity Shroff, Poon Wan Fung Sebastien, Sweeta Mahtani, SoSo Mei Ping Wong-Leung, Therese Marie Gerarda Chan, Birdy Yeung, Tommy Hui, Leung Chan Ying Ping, Fung Wan Nui, Eva Sorrel, Chung Sheung Yung, Peter Yue, Teresa Ray Li, Sabrina Ho, Fr John Chynchen, Ray Chan, Joseph Chu, Hsu Hon Chung, Daisy Tai, Jane Pang Tong, Raymond Yuen, William L Shia, Sylvia Donna Kantor, Hung Yeung Pong Wah, Cheung Chik Wan, Rozana Leung-Bishop, Li Chunjuan, Sanson Lau, Arturo Lamshing, Manju Dhillon, Irena Wu, Esther Bangcawayan, Katie Yuet Kum Leung-Lui, Yeewan Li, John Chakas, Chew Tung Yim Fong, Emily Tso, Wu Yat Cho, Bonnie Lin, Wanda Wan H, Sister Jean Mary, Sarah Wong, Andrew Ashley, Jeffrey Lee, Tehmina Malhorta, Caitlin Berry, Ralph Szweda, Chuan Xiaokang, Evelyn Chan, Leona Tjio, Tristan Sherliker, Tiffany Au, Dr Kerry Houston, Alan Irvine, Sabine Day, Roger Cole, Ruth Phillipson and Wanda Clay.

*Please pray for the recently departed:*

Judy Kant Young, Sum Chi Wah Paul, Hou Yamei, and Peter John Berry.

*In Memoriam:*

Wong Lai Yin

Please remember those named above in your private prayers. To include someone in this prayer list, please contact Elisa, Tel: +852 2523 4157.

**CLERGY**

This morning, the Dean is celebrating the Eucharist and preaching at Emmanuel Church, Pokfulam.

**REFRESHMENTS**

**in the Li Hall  
after 9.00am service**



Please join us for light refreshments; a good opportunity to renew acquaintances, welcome visitors and new friends while enjoying fellowship with other parishioners.

**CECILIA KWOK CHURCH MUSIC SCHOLARSHIP: OPEN FOR APPLICATION**

The Cecilia Kwok Church Music Scholarship Fund offers scholarships of up to HK\$100,000 to help young people pursue studies relevant to church music in establishments (in Hong Kong or overseas) approved by the trustees, to help develop their potential to become, in future years, choirmasters or organists at the Cathedral or its daughter churches.

Application form is now available on the Cathedral website.

Deadline for application:  
**Monday, 30<sup>th</sup> March 2026**

Please contact our Director of Music, Mr Felix Yeung at [felixyeung@stjohnscathedral.org.hk](mailto:felixyeung@stjohnscathedral.org.hk) or the Cathedral Office for further details.

*The Dean, clergy & Cathedral staff  
wish you*

*a Blessed & Prosperous*

*Year of the HORSE !*



**ST JOHN'S CATHEDRAL  
PARISH LENT RETREAT**

Saturday 7<sup>th</sup> March  
10.00am - 3.00pm

***With the Revd Will Newman  
& the Revd Francis Yu***

You are warmly invited to join the Lent Retreat for the Cathedral, Emmanuel Church, Discovery Bay Church, and St Stephen's Chapel.

Enjoy time out in the beauty of the Southside. We'll pray, read the bible, and reflect on Lenten themes of the Desert Experience, and Redemption.

Venue: St Stephen's College,  
22 Tung Tau Wan Rd, Stanley

Register with Elisa  
[deanssec@stjohnscathedral.org.hk](mailto:deanssec@stjohnscathedral.org.hk)

**GRACE IN A  
BUSY WEEK**

*Special*  
**Lent Course**

Speaker | The Revd Will Newman

**Dates & Topics**

26<sup>th</sup> Feb - Fasting  
5<sup>th</sup> March - Trusting  
19<sup>th</sup> March - Power  
26<sup>th</sup> March - Failing

(Thursdays)

12.30-1.30pm

Li Hall,  
St John's Cathedral

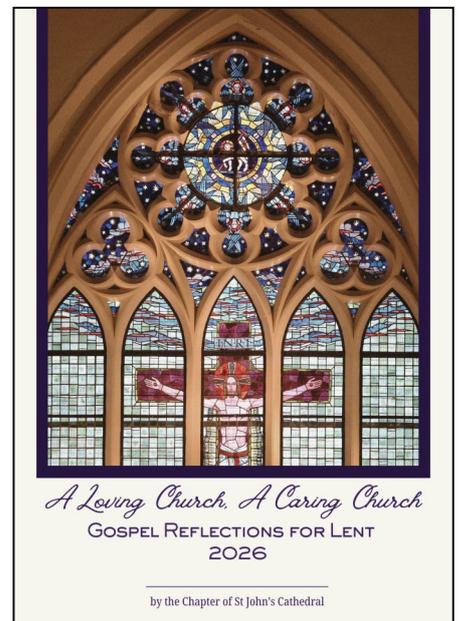
To register,  
please email [reception@stjohnscathedral.org.hk](mailto:reception@stjohnscathedral.org.hk)  
or WhatsApp 5107 7170.

**GOSPEL REFLECTIONS FOR LENT**

This year, St John's Cathedral embraces its calling: to be A Loving Church, A Caring Church. It is a calling the world desperately needs. Around us, division runs deep; kindness wears thin. What can one church do? Be love. Be care.

This Lent, our clergy invite you into 47 days of prayer and Scripture—following the daily eucharistic lectionary. Let these reflections guide you to the altar and send you back into the world. We cannot fix everything, but we can become everything we pray for.

May God bless you this Lenten season. Pick up a copy from the Cathedral, or scan the QR code for an e-version.



**PRAYERS FOR PEACE**

It's easy to feel helpless to do anything about the wars and conflicts taking the lives of so many people in many countries. What can we do? We can pray, individually or together. For over three years a small group of parishioners has been meeting on Zoom to pray for peace. We use prayers adapted from the Iona Community in Scotland to pray for peace in the world and peace in ourselves. Join us at 8.30pm any Thursday. WhatsApp Tony Poon tssf on +852 9860 2920.

## BAPTISM & CONFIRMATION FOR ADULTS at St John's Cathedral

You want to be baptized as a Christian in the Church of God?

Come to an Enquirers Evening in the Harold Smyth Room in the cathedral office on Thursday 5<sup>th</sup> March, 7.30-9.00pm. There you will get to meet the cathedral clergy, with a short introduction to the life and work of St John's Cathedral, and we will explain the route for you to receive baptism and confirmation later this year.

To join the Enquirers Evening register with Elisa, the Dean's Secretary at [deanssec@stjohnscathedral.org.hk](mailto:deanssec@stjohnscathedral.org.hk)



### 'Empowering Disciples, Building the Church Together' Prayer Partner Programme

Under the Mission Plan of the 14<sup>th</sup> Diocesan Synod themed 'Empowering Disciples, Building the Church Together', you are encouraged to participate the program of 'Prayer Partner' and to form his/her prayer partner for a relationship of daily prayer and intercession for each other.

1. To invite and form prayer partner within the Lent season from 18<sup>th</sup> February to 28<sup>th</sup> March, and then begin.
2. Prayer partner of same gender and preferably similar age; or godfather-godson, godmother-goddaughter relation.
3. The programme runs for one year until the first day of Lent 2027.
4. Register on enclosed QR code to receive prayer items and materials from time to time.



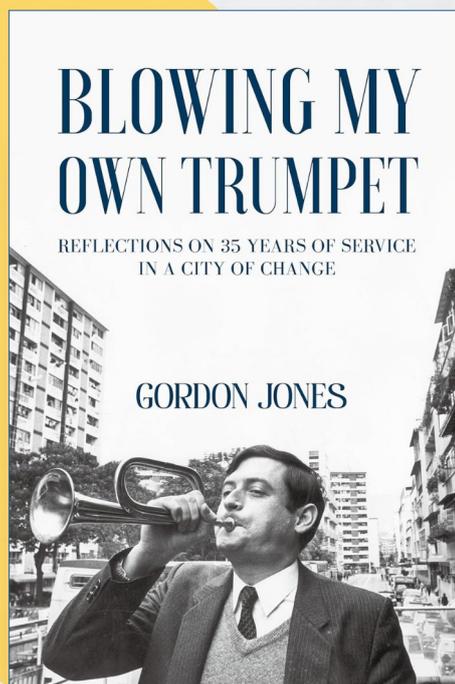
# CHRISTIANS IN CENTRAL

24<sup>th</sup> Feb 2026 (Tues)  
1.00-2.00pm  
Li Hall

**SPEAKER:**  
Mr Gordon Jones

**Topic:**  
Reflections on 35 years of  
public service in Hong Kong at  
a time of historic change

Sandwiches and refreshment will be served from 12.45pm.  
Tickets at HK\$80 each are available from the **Cathedral Bookstore**,  
or by reservation through phoning the **Cathedral Office** at 2523 4157,  
or email: [general@stjohnscathedral.org.hk](mailto:general@stjohnscathedral.org.hk)



# ST JOHN'S CATHEDRAL MINISTRY TEAM

## Dean

The Very Revd Kwok-keung Chan  
(Acting Priest-In-Charge of Emmanuel Church)

## Clergy Ministry Co-ordinators:

Chinese Ministry -  
The Revd Canon Peter Koon  
The Revd Francis Yu

Christian Education - The Revd Will Newman  
(Priest-In-Charge of St Stephen's Chapel, Stanley)

Filipino Ministry -  
The Revd Canon Dwight dela Torre  
The Revd Sharon Langbis

Liturgy and Spirituality - The Revd Robert Martin CMP  
(Chaplain to the English-speaking congregations)

Youth Ministry - The Revd Francis Yu

The Revd Drew Courtright  
(Priest-In-Charge of Discovery Bay Church)

## Honorary Chaplains:

The Revd Professor Philip Wickeri  
The Revd Polly Wong Heung-fong

## Executive Administrator:

Ms Bette Lai

## Serving the wider community:

SJC Counselling Service  
Mission for Migrant Workers  
SJC Life Enrichment Centre  
Cathedral Bookstore  
CLARES/Castaways  
Prison Ministry



## Safeguarding Officer:

Mr Jason Wong



Information about St John's Cathedral  
and its ministries can be found on the  
notice boards and on the website:  
[www.stjohnscathedral.org.hk](http://www.stjohnscathedral.org.hk).

Clergy are here to listen and help.  
Please feel free to speak to one of them  
after the services, or make contact  
during the week: St John's Cathedral,  
Tel: +852 2523 4157

## Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

Name of spouse (if applicable) \_\_\_\_\_

Names and ages of children (if applicable) \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

*Please circle as appropriate:*

*I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.*

*I am interested in finding out about:* Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

*Other questions / information:* \_\_\_\_\_

I do not agree to receive any promotional materials from St John's Cathedral.

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